**MARCH 2020**

**SCR, Inc. 35th Annual Senior Olympics**
Senior Citizen Resources, Inc. invites all adults, age 55+, to participate! Events are held at Estabrook on Fulton Road and one or two other nearby locations. They offer Seated Olympics for anyone in a wheelchair or who cannot stand too long. Last year eleven seniors participated and brought home 26 medals. They had a lot of fun! BH Community Services will offer transportation to the events. The events will run May 11-15th. Additional details to follow.

**Meals On Wheels**
The lunch time meal, is delivered daily, Monday through Friday, by our team of Community Services drivers. Meals can be dietary specific and the program is very affordable. The cost of each meal is only $5. If you show proof of current participation in the HEAP program, your cost will be $3. Residents can sign up at any time and delivery will begin the following Monday. You qualify to receive meals if one of the following applies to you:
- Due to low income, it is difficult to purchase food
- Unable to prepare meals for yourself
- Recovering from surgery or illness and need temporary help
- Disabled or homebound
Call our office if you have any questions or to request the service!

**CHS Spring Break, March 23rd - 27th**

**Fish Fry**
JOIN US & ENJOY A FISH FRY
**Call 739-3702 to Sign Up!**

- **March 20th**: 4:00p Dinner @ Holy Family Church, Parma
- **March 27th**: 11:30a Lunch @ St. Joseph Byzantine Church, Brecksville
- **April 3rd**: 4:00p Dinner @ St. Michael’s, Independence

**High School Students...**
Student volunteers are needed for our Spring Art in the Park sessions on Tuesday, March 24th and Thursday, March 26th, from 12:00 - 2:00 p.m. at the Community Center. It’s a great way to earn your community service hours!! Call (216) 739-3702 for information and/or to sign up!

**Daylight Saving**
Spring your clocks ahead on March 8th!!

**Senior Socials**
Community Services holds a senior social twice-monthly at the Community Center. All seniors are welcome and encouraged to attend! Socials are from Noon to 2:00 p.m. unless otherwise noted. Please RSVP by calling 739-3702!

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Food</th>
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<tbody>
<tr>
<td><strong>Tuesday, March 3rd</strong></td>
<td>Presentation by Metro Parks</td>
<td>Chicken, Mashed Potatoes</td>
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<tr>
<td><strong>Tuesday, March 17th</strong></td>
<td>Trip to Cuyahoga Heights High School</td>
<td>Provided by CHS Home Ec Class</td>
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<tr>
<td><strong>Tuesday, April 7th</strong></td>
<td>Mayor Mike / Birthdays / Entertainment by Ron Papalio</td>
<td>Stuffed Cabbage Mashed Potatoes</td>
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RULES FOR MEDICARE PLANS - WORKING WITH BROKERS

People representing Medicare plans aren’t allowed to:

- Ask for your personal information (like your Medicare, Social Security, bank account, or credit card numbers) over the phone unless it’s needed to verify membership, determine enrollment eligibility, or process an enrollment request.
- Come to your home uninvited to sell or endorse anything.
- Call you unless you’re already a member of the plan. If you’re a member, the agent who helped you join can call you.
- Require you to speak to a sales agent to get information about the plan.
- Offer you cash (or gifts worth more than $15) to join their plan during a sales pitch for a Medicare health or drug plan.
- Ask you for payment over the phone or online. The plan must send you a bill.
- Tell you that they’re Medicare supplement insurance (Medigap) policies, if they are an Advantage Plan.
- Sell you a non-health related product, like an annuity or life insurance policy, during a sales pitch for a Medicare health or drug plan.
- Make an appointment to tell you about their plan unless you agree. During the appointment, they can only try to sell you the products you agreed to hear about.
- Talk to you about their plan in areas where you get health care like an exam room, hospital patient room, or at a pharmacy counter.
- Market their plans or enroll you during an educational event like a health fair or conference.

Independent agents and brokers selling plans must be licensed by the state, and the plan must tell the state which agents are selling their plans.

Rules for meeting with an agent:
If you’re going to meet with an agent, the agent must follow all the rules for Medicare plans and some specific rules for meeting with you. During the meeting, people who work with Medicare plans can:

- Give you plan materials.
- Tell you about the plan options and how to get more plan information.
- Give you an enrollment form.
- Collect your completed enrollment form.
- Leave business cards for you to give to friends and family.

During the meeting, Medicare plans and people who work with Medicare can’t:

- Charge you a fee to process your enrollment into a plan.
- Steer you into a particular plan.
- Communicate incorrect information about their plan type or use inappropriate statements like their plan is "the best" or "highest ranked."
- Tell you about other plan options you haven’t agreed to discuss, unless you specifically ask about them (to discuss these options, you need to complete a separate appointment form).
- Pressure you to join their plan by saying things like "you have to join this plan or you won’t have coverage next year."
- Ask you to give names and phone numbers or addresses so they can sell to your friends or family.
- Ask you to sign the enrollment form before you’re ready to join.
- **You should only sign the form when you’re ready to join.**

After the meeting:
- The plan will contact you to make sure you want to join and that you understand how the plan works.
- The agent who helped you join the plan can call you to talk about other plan options.

Source: medicare.gov