

Golden Outlook...a publication for Senior Citizens

Thea M. Guilfoyle, Editor
Community Services Department

Michael S. Procuk, Mayor
Issue 119, August, 2023

Editor's Message

I hope this newsletter finds you well and looking forward to our next senior social on Wednesday, August 9th! We moved it to Wednesday due to voting on Tuesday, August 8th.

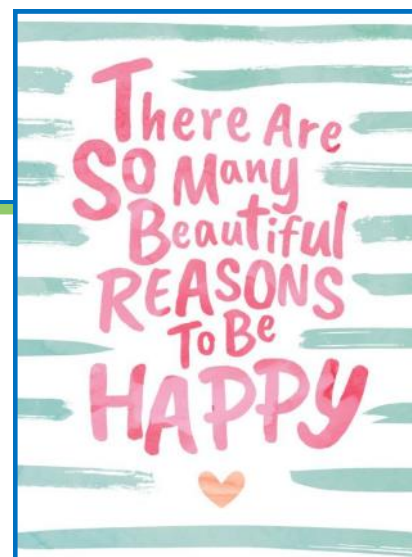
It's hard to believe that school is starting soon and summer is coming to a close! Although the pages on the calendar are turning, the heat of summer continues. Please be mindful of your health during the days of high temperatures.

Open enrollment for Medicare Part D is October 15 - December 7th. There may have been changes to the formularies of what drugs the company covers and/or changes in your medications. If a more cost-effective drug plan is available, you could save money. We have scheduled our social worker for a lunch presentation for Friday, September 8th at Noon at the Community Center. Please sign up no later than Friday, September 1st. Transportation is available. We will distribute the sheets at the senior socials and our social worker will review them and call you with her recommendations. Please hand them in at the senior socials or mail them to Community Services, 233 Tuxedo Avenue, Brooklyn Hts., 44131, Attn: Medicare Part D.

We have many of the home building plans available and will bring them to the August 9th senior social and distribute them to any senior who signs up to attend. All others will be notified by phone.

See you on Wednesday, August 9th! Stay well!

Thea M. Guilfoyle
Director, Community Services



School Starts August 17th
DRIVE CAREFULLY!

COMMUNITY SERVICES DEPARTMENT

Office: 739-3702 ~ Email: cmtyserve@brooklynhts.org

Located in the Service Building, 233 Tuxedo Avenue

Hours: 8:00 a.m. to 4:30 p.m., Monday through Friday (Call first!)

Be sure to leave messages in the General Mailbox, Ext. 0

KATHLEEN KAPUSTA, LISW-S SOCIAL WORKER

OHIO STATE ID CARD

There are times when one is requested to provide personal information to access things such as benefits and voting at polls. While many forms of identification may be accepted, one such form is the OHIO State ID card. On January 6, 2023, the Governor signed Ohio House Bill 458 that made several changes to election laws and made the State of Ohio ID available, at no cost, as of April 7th, 2023.

An OHIO State ID card can serve as a primary form of photo identification for individuals who do not have a driver's license. These cards are available for four or eight years, and there is no minimum age to obtain one. To receive this card, you must provide proof of:

- Full legal age
- Date of birth
- Social Security number (if you have one)
- Legal presence (U.S. passport, U.S. birth certificate, alien registration card, naturalization/citizenship certificate)
- Ohio residency

The *Acceptable Documents* page has a comprehensive list of identity documents and links. Full information is available on the Ohio BMV website at www.bmv.ohio.gov. You apply for this card at the deputy registrar license agency office. You can also contact (844) 644-6268 with any questions.



MEDICARE PART D – COMPLETE THE SHEET

Medicare Part D is the Prescription Coverage of Medicare. You must apply for Part D, it is not automatic. Then review your coverage each year, during open enrollment from October 15 – December 7. Why? Because there may have been changes in your medications, formularies of what drugs the company covers and related costs. If a more cost-effective drug plan is available, ***you could save money***. **If you don't join a Drug plan when you first get Medicare, you may pay a monthly premium penalty for as long as you have Medicare drug coverage, if you join later.**

- Complete the Sheet, this information allows for a confidential review of the best Part D plans for you personally.
- Only list prescribed medication, **do not** include vitamins and over the counter meds.
- If a medication is prescribed as **PRN**, estimate the general frequency of use and note it on the form.
- Make sure to use your current Medicare number, the most recent one you received.
- Listing your preferred pharmacies helps provide you with a plan that is in network, resulting in lower costs.
- List a phone number (cell or home) that is easiest to reach you at, so you can get your information once completed.
- If possible, note an email address you can access, to receive your information, either at your home or that of a family member/friend. This greatly simplifies the process for you.
- Complete the Medicare Part D sheet (please print clearly) or type ALL the requested information onto a blank sheet and drop it off at Community Services Department.
- Forward the sheet as soon as completed, as it will be reviewed in the order they were received.
- You will be contacted and advised of your options between October 30th and December 1st. Call the Community Services office if you have not been called by December 1st.

The Medicare Part D sheet will be distributed at the Senior Socials and can also be picked up at the Community Services office. Social Worker Kathleen Kapusta will have a presentation on the Medicare Part D plan on **FRIDAY, SEPTEMBER 8th** at the Community Center. Lunch will be served at Noon and the presentation will begin at 12:30 and last about 45 minutes. Please call to sign up as soon as possible! All are welcome!

SIGN UP TODAY!

NEED A NAIL TRIM?

Our first session with Podiatry Specialist, Dr. William Zaccardelli, is on **MONDAY, AUGUST 14th**. These sessions are for basic foot care including nail trimming. Prior to your first visit, you will need to stop in our office and bring your medical insurance card, a photo ID and sign his consent form. This only needs to be done once prior to scheduling your first appointment.



Treatment should be covered under your insurance but if there is any co-pay the doctor will discuss it with you. Medicare will cover routine foot care as often as is medically necessary but not more often than every 60 days for regular trimming.

We have several people signed up but have a few spots still available. We will be hosting Dr. Zaccardelli on the second Monday, monthly, at the Community Center and transportation is available. The next session is September 11th.

MONTHLY LUNCHEON

*** WEDNESDAY, AUGUST 9th ***

Register by THURSDAY, AUGUST 3rd
Entertainment by Erynn Krebs, a musician from Northeast Ohio who has a passion for and plays the steel drum.

*** TUESDAY, SEPTEMBER 12th ***

Enjoy a pizza lunch and a trip for an ice cream treat!

ALL SENIORS & RETIREES ARE WELCOME!

There is no charge and transportation is available.

**YOU MUST CALL TO SIGN UP
EVEN IF YOU DON'T NEED
TRANSPORTATION!**

GROCERY SHOPPING

Our next monthly trip for grocery shopping is on

WEDNESDAY, SEPTEMBER 6th

Pick up will start at 9:00 a.m. and we will visit Drug Mart and one other store. You'll have ample time to shop and the driver will assist those in need getting the groceries into your home. We limit grocery shopping to your household and not purchasing for other families. Please call our office to sign up by Friday, August by Noon.



GOOD TIME III CRUISE

Enjoy a two-hour narrated cruise along the Cuyahoga River and Lake Erie. Learn the history of Cleveland while enjoying stunning views of the Flats, downtown Cleveland and surrounding areas.



The cruise is scheduled for **WEDNESDAY, AUGUST 23rd** and is from Noon to 2:00 pm. Boarding begins at 11:30 am and we will provide transportation to and from the ship.

The cruise sails rain or shine and offers a concession bar with food and beverages for a fee. The non-refundable senior rate is \$26.75 per ticket and payment can be made by cash or check payable to the Village of Brooklyn Heights. The deadline to sign up is Friday, August 18th.

AMISH BUS TRIP

Join us **TUESDAY, SEPTEMBER 26th** to visit the Berlin area in Holmes County. The bus will depart at 9:00 am and the expected return is at approximately 5:00 pm.



We will stop at the **Ashery General Store** for a quaint shopping experience; **Sol's in Berlin**, for their arts and crafts extravaganza; **Tis the Season Christmas Store**; and **Walnut Creek Cheese** for delicious meats and cheeses. We will have coolers on the bus to keep purchases cold! Lunch will be at the **Der Dutchman** before heading home.

Deadline to sign up is Friday, September 15th.



BBB PRESENTATION & LUNCH

Join us on **TUESDAY, AUGUST 29th** at Noon for lunch and a presentation by the Better Business Bureau. They will outline current scams in our area and tips to avoid fraud. Register by Thursday, August 24th. Transportation is available. This is a don't miss!!

FAMOUS ARTISTS WORD SEARCH

T H E P I S S A R R O H M U N C H O	BASQUIAT	MICHELANGELO
R E P P O H N K E D L T G S E Y P A	BOTTICELLI	MONET
D I N T T D C T A N E W E O C E I N	CARAVAGGIO	MUNCH
E G T H O O A L D N N U A H G A L Y	CASSATT	O'KEEFE
G T V I L U I V O N R A A R N N K K	CEZANNE	PICASSO
A C E L M N L M I A A G Z T H S A C	CHAGALL	PISSARRO
S V O A I T M O T N A R O E N O A V	DALI	POLLOCK
N P G O C E A G U L C K B I C R L X	DA VINCI	RAPHAEL
R H S G H N T B L S E I D M A O L I	DEGAS	REMBRANDT
E D I A E A I N A E E N T V E A H O	DELACROIX	RENOIR
E I S U L M S L F S A L A M R R I R	GAUGUIN	RIVERA
M S T G A F S F E K Q G A E I T I C	GOYA	RUBENS
R N U U N M E A Y O G U V U E L I A	HOPPER	SEURAT
E E R I G R E N O I R I I K T S K L	KAHLO	TOULOUSE LAUTREC
V B N N E R E D O V R I N A A R E E	KANDINSKY	TURNER
Y U E I L L E C I T T O B A T H E D	KLEE	VAN GOGH
R R R D O A T A R R A P H A E L L C	KLIMT	VERMEER
L E O S S A C I P T T A S S A C S O	MANET	WARHOL
	MATISSE	



TIPS TO BEAT THE HEAT!

Heat illness is preventable. Too much heat can make you sick, and lead to serious health problems or even death. Know the early symptoms of heat related illnesses including dizziness, feeling sick, having a headache or feeling very thirsty. In very hot or humid weather:

STAY HYDRATED Drink lots of water even before you feel thirsty.		CHECK ON OTHERS Call or visit family, friends & neighbours (especially older adults living alone) to make sure they're staying hydrated & keeping cool.	
KEEP COOL Find a cool space near you at toronto.ca/keepcool . Go to an air-conditioned place like a library or community centre.		USE A FAN Use a fan near an open window to bring in cooler air from outside.	
AVOID THE SUN Stay in the shade or use an umbrella.		BLOCK THE SUN Keep blinds or curtains closed during the day.	
PROTECT PEOPLE & PETS Never leave a person or pet inside a parked car.		AVOID USING THE OVEN Limit the use of the oven or stove, they make your space hotter.	

VILLAGE-WIDE GARAGE SALE



The 23rd Annual Village-Wide Garage Sale is **Saturday, August 5th**, 8 am - 4 pm. Please call 749-4300 if you would like to participate and your address will be added to the list. Simply advertise your sale with balloons or signs in your yard.

RUMMAGE & CRAFT VENDOR SALE



Also on **Saturday, August 5th**, the Park Board will be holding a Rummage & Craft Vendor Sale at the Community Center. Tables can be reserved for \$30 (8') or \$25 (6') or items can be donated to the project. All proceeds benefit the Park Board. For more information or with questions, call (216) 374-1631. Everyone is welcome to participate!



SEVEN HILLS RECREATION CENTER MEMBERSHIP

Mayor Mike, in collaboration with the Seven Hills Administration, welcome village residents to purchase Rec Center memberships at a discounted rate. Brooklyn Heights will subsidize the cost for membership to the Seven Hills Rec Center for all residents. Seniors (65+), Veterans and Totally Disabled residents will be subsidized 100% and all other residents will receive a 50% subsidy. Members of SilverSneakers, Silver&Fit and Renew Active automatically receive a free membership by presenting their membership card at the desk. You can sign up for memberships effective September 1st. Seniors will sign up through the Community Services office. Previously purchased memberships will not be reimbursed. For more information, please call (216) 739-3702.



I'M NOT OLD ... JUST MATURE

Today at the drugstore, the clerk was a gent.
From my purchase, this chap took off 10 percent.
I asked for the cause of a lesser amount;
And he answered, "Because of the Seniors Discount."
I went to McDonald's for a burger and fries;
And there, once again, got quite a surprise.
The clerk poured some coffee which he handed to me.
He said, "For you seniors, the coffee is free."
Understand — I'm not old — I'm merely mature;
But some things are changing, temporarily, I'm sure.
The newspaper print gets smaller each day,
And people speak softer — can't hear what they say.
My teeth are my own (I have the receipt),
and my glasses identify people I meet.
Oh, I've slowed down a bit ... not a lot, I am sure.
You see, I'm not old ... I'm only mature.
The gold in my hair has been bleached by the sun.
You should see all the damage that chlorine has done.
Washing my hair has turned it all white,
But don't call it gray ... saying "blond" is just right.
My car is all paid for ... not a nickel is owed.
Yet a kid yells, "Old duffer ... get off of the road!"
My car has no scratches ... not even a dent.
Still, I get all that guff from a punk who's "Hell bent."
My friends all get older ... much faster than me.
They seem much more wrinkled, from what I can see.
I've got "character lines," not wrinkles ... for sure,
But don't call me old ... just call me mature.
The steps in the houses they're building today
Are so high that they take ... your breath all away;
And the streets are much steeper than 10 years ago.
That should explain why my walking is slow.
But I'm keeping up on what's hip and what's new,
And I think I can still dance a mean boogaloo.
I'm still in the running ... in this I'm secure,
I'm not really old ... I'm only mature.

After months of
collaborating with the
Flip Saunders family...



We are inviting everyone to the Grand Opening of the Upper Park on Sunday, August 6th, from 11am to 2pm

Ryan Saunders, Assistant Coach of the Denver Nuggets,
and Mark Termini, Cleveland Sports Attorney and Agent,
will join us for a dedication.

The celebration will include activities for all ages including
a bouncy house, a balloon twister and face painting. Hot
dogs and refreshments will be served and we will have a
tent with tables and chairs in case of inclement weather.

This event will be held rain or shine and we hope you'll
attend this much-anticipated celebration!

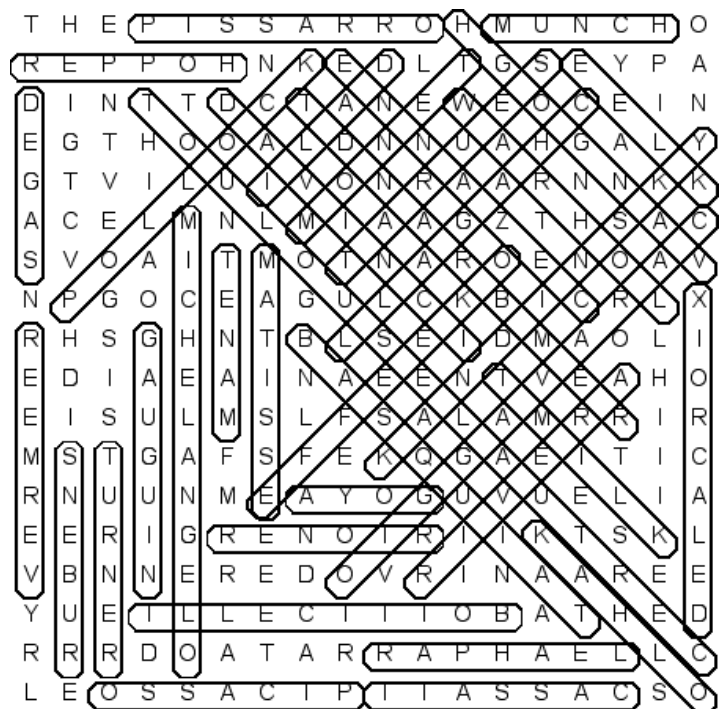
**** A bus shuttle will be available** from the Community
Center lot to the Upper Park departing at 10:30 am and
again at 11:30 am. The shuttle will also be available from
the lower and back park parking lots to the Upper Park.

The shuttle will resume again beginning at 1:30 pm to
return to the lower and back parking lots and the
Community Center.

**** If you need transportation** from your home to a
shuttle stop or to the Upper Park, please call Community
Services no later than Thursday, August 3rd by Noon.



FAMOUS ARTISTS SOLUTION



Hidden Picture Puzzle

