

Golden Outlook...a publication for Senior Citizens

Thea M. Guilfoyle, Editor
Community Services Department

Michael S. Procuk, Mayor
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Editor's Message

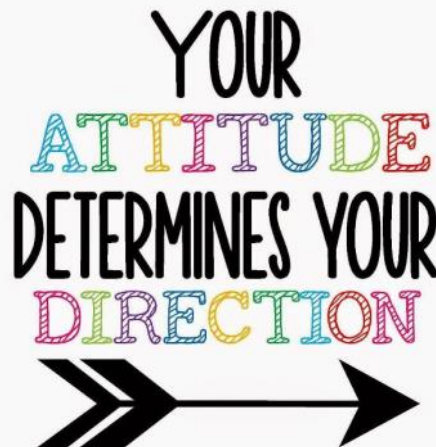
The winter and holiday season will be here soon and we should be preparing for both! It's a good time to look ahead and assess what services may help you when the winter season sets in. The cold temperatures have already started and snowfall won't be too far behind! Are you signed up for the senior snow removal program or have other means in place to keep your driveway clear? Do you have a warm coat to keep you warm enough for the windy, cold days of winter? Please note the articles in this newsletter on the Snow Removal and Trash To Curb programs and sign up if they can be helpful to you.

I'm happy to see that many of you signed up for the Seven Hills Recreation Center membership! This membership can be started at any time - there is no deadline - and your one-year membership will begin on the date you sign up. Because many of you expressed that you will be utilizing the walking track, we will begin weekly transportation to the Seven Hills Rec Center for this purpose. This transport will begin on Monday, October 16th and pick up will begin at 12:30 pm. We will stay at the rec center for one hour and return everyone home.

There is a General Election on Tuesday, November 7th. The deadline to request an application for a mail in ballot is October 31st; mail in ballots must be received by the Board of Elections by November 6th; and in-person early voting begins on November 5th until 5:00 pm.

A reminder that on Sunday, October 15, the 10th Annual 5K/1Mile walk will be held. The race is held along Schaaf Road and Marko Lane and the roads will be closed for the duration of the race, ending at approximately 10:30 am.

Thea M. Guilfoyle
Director, Community Services



COMMUNITY SERVICES DEPARTMENT

Office: 739-3702 ~ Email: cmtyserve@brooklynhts.org

Located in the Service Building, 233 Tuxedo Avenue

Hours: 8:00 a.m. to 4:30 p.m., Monday through Friday (Call first!)

Be sure to leave messages in the General Mailbox, Ext. 0



CALL US & Sign Up Today!!



CHS WELCOME BACK TO SCHOOL DINNER



Superintendent, Tom Evans will be hosting the annual **SENIOR CITIZEN'S DINNER** on **WEDNESDAY, OCTOBER 18th** at 5:00 pm.

Transportation will be provided and you must sign up through Community Services at 216-739-3702 no later than Wednesday, October 13th.

GROCERY SHOPPING

Our next monthly trip for grocery shopping is on **WEDNESDAY, NOVEMBER 1st**

Pick up will start at 9:00 a.m. and we will visit Drug Mart and one other store. You'll have ample time to shop and the driver will assist those in need getting the groceries into your home. We limit grocery shopping to your household and not purchasing for other families. Sign up no later than Friday, October 27th, by Noon.



FALL FOLIAGE TOUR

Sign up today for a tour of the Medina and Seville area to enjoy the fall foliage. We will be visiting Geig's Orchard that sells seasonal fruit, pumpkins and cider and Valley Café for a home-cooked lunch. Valley Café features "diner food with a gourmet twist and a hint of southern roots". We'll also visit Ann's Pastry Shop and our last stop will be Blooming Acres to browse their greenhouse, garden and nursery. This fun foliage tour is scheduled for **TUESDAY, OCTOBER 17th**. We'll start pick up at 10:00 am and return at approximately 4:00 pm. The deadline to sign up is Friday, October 13th.



LUNCH BUNCH

This month's **Lunch Bunch** trip is to the Oak Barrel on Canal Road so join your neighbors and friends for a relaxing lunch! Pick up will begin at 11:00 am unless noted. Lunch is on your own and transportation is provided!

DATE	PICK UP	RESTAURANT
Wed., Oct 25	11:00 am	The Oak Barrel, Valley View
Wed., Nov 15	11:30 am	Danny Boys, Broadview Hts.
Wed., Dec 20	11:00 am	Cracker Barrel, Brooklyn

NOVEMBER SENIOR LUNCHEON

Our next Senior Social is scheduled for **TUESDAY, NOVEMBER 14th** at Noon at the Community Center.

- ▶ Entertainment by Ralph Szubski, a lively Accordion Player
- ▶ Lunch is a complete Thanksgiving meal with all the trimmings!!



All seniors and retirees are welcome and there is no charge. Enjoy lunch with your neighbors and friends. Transportation is available.

REGISTER BY WEDNESDAY, NOVEMBER 8TH!
YOU MUST CALL TO SIGN UP ~ EVEN IF YOU DON'T NEED TRANSPORTATION!

NEED A NAIL TRIM?

Our next session with the Podiatrist, is on **MONDAY, NOVEMBER 13th**. These sessions are for basic foot care including nail trimming. Prior to your first visit, you will need to stop in our office and bring your medical insurance card, a photo ID and sign his consent form. This only needs to be done once prior to scheduling your first appointment.





MEDICARE PART D - ENROLLMENT BEGINS

It's not too late to turn in your list of prescriptions for an annual review! Enrollment starts on October 15th and ends on December 7th. Drop off or mail your form to Community Services, 233 Tuxedo Avenue, Brooklyn Hts., OH 44131 for a confidential review of the Part D plan for you personally. It could save you money! **Last year this review saved one of our senior households \$1,000!!!**

MSC HOLIDAY NUT, CANDY, POPCORN, COFFEE SALE

A long standing tradition, the MSC holiday sale proceeds provide funding for various village charities such as Meals on Wheels, Boy Scouts & Girl Scouts, scholarships for graduating seniors and more. The deadline to order is Sunday, November 19th and orders will be ready on Saturday, December 9th. All members of the Men's Service Club are taking orders now! You can place an order in the following ways:



Email: bhms2021@yahoo.com / Phone: Mike Stansbury at 216.375.3008 / Drop off/Mail: 5076 West 5th

Call Rocky Schuckert at 216.906.9828 with any questions. Order forms will be at the November Senior Luncheon!

SEVEN HILLS RECREATION CENTER MEMBERSHIP



Brooklyn Heights will subsidize the cost for membership to the Seven Hills Rec Center for all residents. Seniors (65+), Veterans and Disabled residents will be subsidized 100%. Disabled status will require a note from your doctor turned in when you register. All other residents will receive a 50% subsidy. Members of SilverSneakers, Silver&Fit and Renew Active automatically receive a free membership by presenting their membership card at the desk.

You can sign up for memberships through the Community Services office. Previously purchased memberships will not be reimbursed. For more information, please call (216) 739-3702. Exact cash or checks, payable to the Village of Brooklyn Heights, will be accepted.

Please note that we will begin a weekly transport to the rec center on Monday's, beginning on October 16th. Pick up will begin at 12:30 pm and we will stay at the rec center for one hour. Call for details or to sign up!

SMOKE ALARMS

Annually, when we change our clocks for Daylight Saving, we advise everyone to check their smoke detector batteries. Everyone is encouraged to sign up with the Fire Department for them to perform this check for you. They will also install new smoke detectors that you purchase! The signup form can be found on our village website, under Services/Fire or you can call them at 216-351-3542. They will call and schedule to check and/or install the smoke alarms!



Date

Event

Pick Up

Thursday, November 30	Southpark Mall Shopping Trip	9:00 am
Wednesday, November 29	Holiday Remembrance Celebration	TBD
Friday, December 15	Christmas Lights Bus Tour	6:00 pm
Tuesday, December 19th	CHS Christmas High School Band & Orchestra Concert	10:00 am

*** Details on these events will be in the November issue of the Golden Outlook*



**TRICK OR TREATING IS ON TUESDAY, OCTOBER 31st, 6-8:00 PM.
LIGHTS ON IF YOU'RE HANDING OUT CANDY!! IF YOU'RE OUT
DRIVING, PLEASE BE ESPECIALLY CAREFUL!**

**DAYLIGHT SAVING ENDS! REMEMBER TO SET YOUR CLOCKS
BACK ONE HOUR ON SUNDAY, NOVEMBER 5TH**



**VILLAGE OFFICES WILL BE CLOSED ON MONDAY, OCTOBER 9TH
FOR THE COLUMBUS DAY HOLIDAY**



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ACORN
APPLE
BIRD MIGRATION
BLOWING LEAVES
BLUSTERY DAY
CANNING
CHESTNUTS
CHILLY
COLD
CROPS
EQUINOX
FALL
FARMING
FEAST
FROST
HALLOWEEN
HARVEST
HAYSTACK
HICKORY NUTS

LONGER NIGHTS
NOVEMBER
OCTOBER
ORANGE LEAVES
PIE
PUMPKIN
RAKE
RED LEAVES
SCARECROW
SCHOOL
SEASON
SEPTEMBER
SHORTER DAYS
SQUASH
SWEET POTATOES
THANKSGIVING
TURKEY
WINDY
YELLOW LEAVES

KATHLEEN KAPUSTA, LISW-S SOCIAL WORKER

FINDING A HEALTHCARE PROVIDER

Has your medical provider relocated their practice to out of your area? Has your medical provider decided to retire?

If for these or any other reasons you are looking for a new medical provider there are several resources, you should consider to help you make the best choice. First, you may receive recommendations from your current physician, trusted friends and family members. Another option is turning to the federal government website, Medicare.gov. This website serves as a resource to find and compare doctors and other health care providers in your area.

Here is the process to follow. Visit [Medicare.gov](https://www.Medicare.gov), select Providers and Services, then Find Care Providers. Next, enter your location and provider type. You can search by specialty, such as internal medicine or general practice.

Once you select some medical providers in whom you are interested, review pertinent details such as contact information, practice locations, hospital affiliations and performance data. To acquire additional information on healthcare providers, select the “compare” button, for up to three providers. Another important consideration, especially for those in Medicare Advantage Plans, is whether the physician you are considering is covered by your current healthcare plan.

While finding a new provider to meet your health care needs is never an easy process, utilizing a tool such as the Medicare.gov website is certainly a means to facilitate this process.

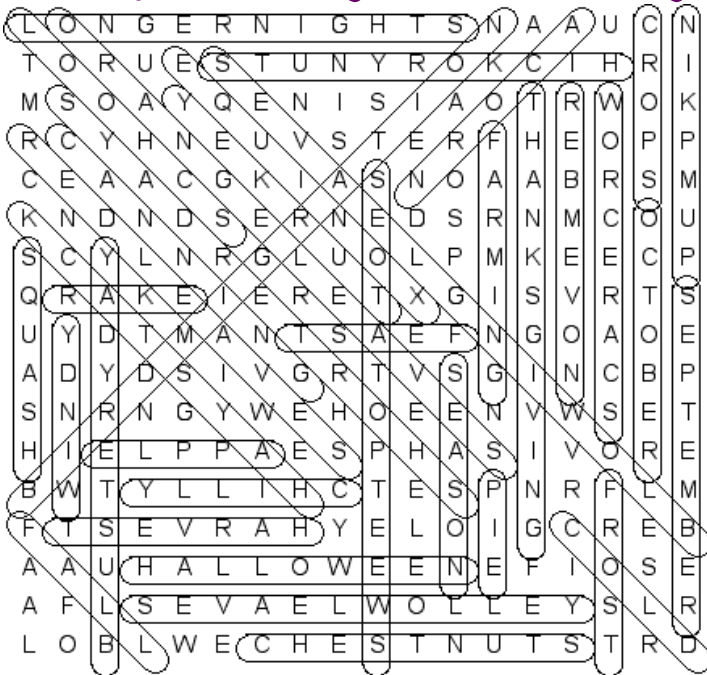
TRASH TO CURBSIDE PROGRAM

This program is to help anyone who cannot safely transport their trash and recycling cans to the curb, especially during the winter months. This applies to seniors, disabled residents, or anyone rehabbing after a surgery who may be at risk of falling.



To qualify, a resident must be unable to perform this task safely and not have any able-bodied person in the home that could handle this task. Approval will be made on a case-by-case basis. If you are interested and would like an application, please call the Community Services office.

IT'S AUTUMN SOLUTION



MY PENGUINS!

A man was driving down the road when a policeman stopped him. The officer looked in the back of the man's truck and said, "Why are these penguins in your truck?"

The man replied, "These are my penguins. They belong to me."

"You need to take them to the zoo,"
the policeman said.

The next day, the officer saw the same guy driving down the road. He pulled him over again. He saw the penguins were still in the truck, but they were wearing sunglasses this time. "I thought I told you to take these penguins to the zoo!", the officer said.

"I did," the man replied. "And today I'm taking them to the beach."



Hidden Picture Puzzle



SHOP WITH A COP TICKETS FOR SALE

The Brooklyn Heights Police Department, along with the Fraternal Order of Police, is sponsoring a raffle with proceeds going to The Shop with a Cop program. Proceeds support Brooklyn Heights kids!

Raffle tickets are \$1.00 each or 6 for \$5.00 and are available at the Police Station and the Community Services Department. Tickets will be available at the November Senior Luncheon on Tuesday, November 14th. Tickets and money need to be turned into the police station by December 1st, 2023.

The Grand Prize is a 50" Big Screen TV, Second Prize is an iPad, Third Prize is \$100. Contact Sgt. Chris Leahy at 216-741-1327 for more information (leave a message if no one answers). Help support our kids and our Shop with a Cop program!

