

Golden Outlook...a publication for Senior Citizens

Thea M. Guilfoyle, Editor
Community Services Department

Michael S. Procuk, Mayor
Issue 120, September, 2023

Editor's Message

I hope this newsletter finds you well and looking forward to our next senior social! It's hard to believe that we're entering the fall season, school is back in session and summer is coming to a close!

The Village has many events coming up and we've outlined the details throughout this newsletter. Have your calendars ready for all the upcoming fun activities!! As always, if you need transportation or have any questions, please don't hesitate to call our office!

We love having you at all our senior activities! To help us, please remember that it's important that you register for the luncheons and other events! We order food and/or determine transportation based on the number signed up!

We're glad so many of you enjoyed the Goodtime III cruise and the Better Business Bureau lunch and presentation! See you on September 12th! Stay well!

Thea M. Guilfoyle
Director, Community Services



MONTHLY SENIOR LUNCHEON

*** TUESDAY, SEPTEMBER 12th ***

Enjoy a pizza lunch and a trip for an ice cream treat!
Sign up no later than Thursday, September 7th

*** TUESDAY, OCTOBER 10th ***

Entertainment by Ron Papale who is a versatile and experienced musician who has been performing in the area for over 50 years. He performed as a drum soloist at Blossom with the Cleveland Orchestra, he backed notable entertainers such as Sammy Davis Jr., Edie Gormet, Red Buttons and more. Don't miss it!

ALL SENIORS & RETIREES ARE WELCOME!

There is no charge and transportation is available.

YOU MUST CALL TO SIGN UP EVEN IF YOU DON'T NEED TRANSPORTATION!



COMMUNITY SERVICES DEPARTMENT

Office: 739-3702 ~ Email: cmtyservice@brooklynhts.org

Located in the Service Building, 233 Tuxedo Avenue

Hours: 8:00 a.m. to 4:30 p.m., Monday through Friday (Call first!)

Be sure to leave messages in the General Mailbox, Ext. 0

AMISH BUS TRIP

Join us **TUESDAY, SEPTEMBER 26th** to visit the Berlin area in Holmes County. The bus will depart at 9:00 am and the expected return is at approximately 5:00 pm.



We will stop at the Ashery General Store for a quaint shopping experience; Sol's in Berlin, for their arts and crafts extravaganza; Tis the Season Christmas Store; and Walnut Creek Cheese

for delicious meats and cheeses. We will have coolers on the bus to keep purchases cold! Lunch will be at the Der Dutchman before heading home. Deadline to sign up is Friday, September 15th.



NEED A NAIL TRIM?



Our next session with Podiatry Specialist, Dr. William Zaccardelli, is on **MONDAY, SEPTEMBER 11th**. These sessions are for basic foot care including nail trimming. Prior to your first visit, you will need to stop in our office and bring your medical insurance card, a photo ID and sign his consent form. This only needs to be done once prior to scheduling your first appointment.

Treatment should be covered under your insurance but if there is any co-pay the doctor will discuss it with you. Medicare will cover routine foot care as often as is medically necessary but not more often than every 60 days for regular trimming. The following session is Monday, October 9th at 1:00 pm.



MEDICARE PART D PRESENTATION



Medicare Part D is the Prescription Coverage of Medicare. You must apply for Part D, it is not automatic. It's very important to review your coverage each year, during open enrollment from October 15 – December 7.

The Medicare Part D sheet will can be picked up at the Community Services office and our social worker will run it through a program to find the best company that suits your unique prescription list.

We are offering a presentation on the Medicare Part D plan on **FRIDAY, SEPTEMBER 8th** at the Community Center. Lunch will be served at Noon and the presentation will begin at 12:30 and last about 45 minutes. Please call to sign up as soon as possible! All are welcome!

FALL FOLIAGE TOUR



Sign up today for a tour of the Medina and Seville area to enjoy the fall foliage. We will be visiting Geig's Orchard that sells seasonal fruit, pumpkins and cider and Valley Café for a home-cooked lunch. Valley Café features "diner food with a gourmet twist and a hint of southern roots". We'll also visit Ann's Pastry Shop and our last stop will be Blooming Acres to browse their greenhouse, garden and nursery. This fun foliage tour is scheduled for **TUESDAY, OCTOBER 17th**. We'll start pick up at 10:00 am and return at approximately 4:00 pm. The deadline to sign up is Friday, October 13th.



VILLAGE SHRED IT EVENT

As a way to prevent identity theft, the Village will hold a Shred It Day event at the Municipal Center parking lot. A powerful mobile shredding truck will provide quick, confidential destruction and recycling of items to be shredded. Note: Staples and paper clips are acceptable. The Shred It Day will be on **SATURDAY, SEPTEMBER 23rd**, from 9 to Noon.



DO NOT BRING

3-Ring binders	Banding wire	Candy wrappers
Carbon paper	Cups	Food wrappers
Napkins	Newspapers	Non-paper items
Pendaflex folders	Plastic materials	Restroom paper
Waxed paper		

ALLOWABLE ITEMS

Bank statements	Books	Brochures
Cancelled checks	Computer printouts	Copy paper
Envelopes	Greeting cards	Ledgers
Letters	Magazines	Medical records
Pamphlets	Tax Forms	



VILLAGE OFFICES WILL BE CLOSED ON MONDAY, SEPTEMBER 4TH FOR THE LABOR DAY HOLIDAY



LUNCH BUNCH

Join us for a monthly **Lunch Bunch** outing to a local restaurant with your neighbors and friends! Lunch Bunch trips will be scheduled, generally, on the third Wednesday monthly unless a conflict occurs. Pick up will begin at 11:00 am unless noted. Lunch is on your own and transportation is provided! The schedule is listed below! Sign up today!

DATE	PICK UP	RESTAURANT
Wed., Sept 20	11:00 am	The Courtyard Café, Brecksville
Wed., Oct 25	11:00 am	The Oak Barrel, Valley View
Wed., Nov 15	11:30 am	Danny Boys, Broadview Hts.
Wed., Dec 20	11:00 am	Cracker Barrel, Brooklyn

CHS WELCOME BACK TO SCHOOL DINNER



Superintendent, Tom Evans will be hosting the annual **SENIOR CITIZEN'S DINNER** on **WEDNESDAY, OCTOBER 18th** at 5:00 pm. Sign up to enjoy a delicious dinner!

Transportation will be provided and you must sign up through Community Services at 216-739-3702 no later than Wednesday, October 13th.

GROCERY SHOPPING



Our next monthly trip for grocery shopping is on **WEDNESDAY, OCTOBER 4th**

Pick up will start at 9:00 a.m. and we will visit Drug Mart and one other store. You'll have ample time to shop and the driver will assist those in need getting the groceries into your home. We limit grocery shopping to your household and not purchasing for other families. Please call our office no later than Friday, September 29th, by Noon to sign up.

FAMILY FUN DAY

The Park Board is holding a Family Fun Day for all residents at the Village Park, Pavilion #2 on **SATURDAY, SEPTEMBER 23rd**. The fun begins at 2:00 pm, rain or shine, and includes an ice cream truck, free hot dogs, chips & water, bounce houses, face painting and other fun children's activities. Children's activities are from 2-6:00 pm and the ice cream truck starts at 3:30 pm.



The concert will begin at 6:00 pm featuring the band *Summer of 65* (a tribute band to the great artists of the 1960's).

Senior transportation will be provided - please schedule no later than Wednesday, September 20th. All Day Fun For All Ages!

get your FLU SHOT

ANNUAL VILLAGE FLU CLINIC

BROOKLYN HEIGHTS COMMUNITY CENTER
* **THURSDAY, OCTOBER 5th, 9-11:00 AM** *

RESIDENT FAMILY & FRIENDS WELCOME!

A Rite Aid pharmacist will be offering the following vaccines at our clinic:

- ▶ Influenza Standard (Adult)
- ▶ Influenza High Dose (Age 65+)
- ▶ Covid - 19
- ▶ Pneumonia (Age 65+)
- ▶ RSV
- ▶ Shingles (Age 50+)

Everyone must pre-register by calling 216.739.3702 no later than Friday, September 29th. Transportation will be provided upon request. Most insurance plans are accepted - **be sure to bring your insurance card!!**

SIGN UP FOR NOMOROBO

Nomorobo is a FREE service that intercepts calls, on your landline, after the first ring and blocks those on an FTC assisted blacklist. If the call is legitimate, the call goes through. If it's an illegal robocall, the call is intercepted and hung up. Nomorobo is also available on mobile phones for a fee. To see if your phone supports Nomorobo, visit nomorobo.com. Sign up by entering your phone carrier and email address. The website provides step-by-step instructions based on your carrier.





WOMEN'S SERVICE CLUB *presents*

MEET *the* CANDIDATES

WEDNESDAY, SEPTEMBER 27th 7:30 - 9:00 PM

VILLAGE COUNCIL CANDIDATES

Ray Berzins * Mark Lasky * Rocky Schuckert * Shane Tommer

Candidate's night will have a moderator and a timed agenda for a Question & Answer session. Residents who are unable to attend may submit questions by writing them on a note card and dropping them off in the secure box in the Municipal Center (lower level) between the hours of 8:30am and 4:00pm. You can also leave them in the outdoor lock box on the south side of the building 24/7. You do not have to include your name with your question. All questions must be submitted no later than 3:00pm on Wednesday, September 27th. Transportation is available for those in need by calling 739-3702 no later than September 25th.

LABOR DAY WORD SEARCH



A V V G N L P U L L M A N S T R I K E
G J U S T E D G E D D B E R K D K S I
I O N X E A P U N T S Q T L S G L U H
P G E H G Y C A S X N B V R A R T M A
I R O C Q E L L Z E R J E P W B S M Y
C W E J B E A W D J M T S Y A E O E M
N X S R V V A Q E M N P A S H R W R A
I O A E I W O R K E R S L C Q R A N R
C B L T A H R H P S K P E O S D Y D K
T C S E L N V R T D M E S J Y O N B E
K E W K M N A S M T P A N P M E N O T
F N O N F C I S O S I A R D S Y E U R
G D U F K N M E N K P A V C E I U S I
R Y O Q I H O Q D K L J C X H U N V O
K L P H V V A C A T I O N I S G I A T
S J C W D H N C Y V P N N E W Y O R K
X A I A C T I V I S T S H I U S N L U
M D H S E P T E M B E R W F B P S I W
S O L I D A R I T Y I O S X A X W Q G

Date	Deadline
09/22	UOCAVA Vote-by-Mail / Absentee ballots to be mailed
10/10	Close of Registration
10/11	Opening of Early In-Person and Vote-by-Mail (Absentee) voting
10/31	8:30 pm deadline for applications by mail for an Vote-by-Mail / Absentee ballot to be mailed
11/05	Voting in-person at the Board of Elections ends at 5:00 p.m
11/06	All Vote-by-Mail / Absentee ballots mailed anywhere in the U.S. must be postmarked on or before this date and received at the Board of Elections on or before 11/11/23 in order to be counted
11/07	6:30 a.m. - 7:30 p.m. - Election Day - Provisional voting at the Board of Elections
11/07	All Vote-by-Mail / Absentee ballots returned in person must be received at the Board of Elections by 7:30 p.m. in order to be counted

ACTIVISTS	HAYMARKET RIOT	PARADE	SPEECHES
BARBECUE	LABOR	PICNIC	SUMMER
CARPENTERS	MACHINISTS	PULLMAN STRIKE	UNIONS
CLEVELAND	MARCH	SALES	VACATION
EMPLOYEES	MONDAY	SEPTEMBER	WEEKEND
FESTIVALS	NEW YORK	SOLIDARITY	WORKERS

KATHLEEN KAPUSTA, LISW-S SOCIAL WORKER

WHAT MEDICARE DOESN'T COVER

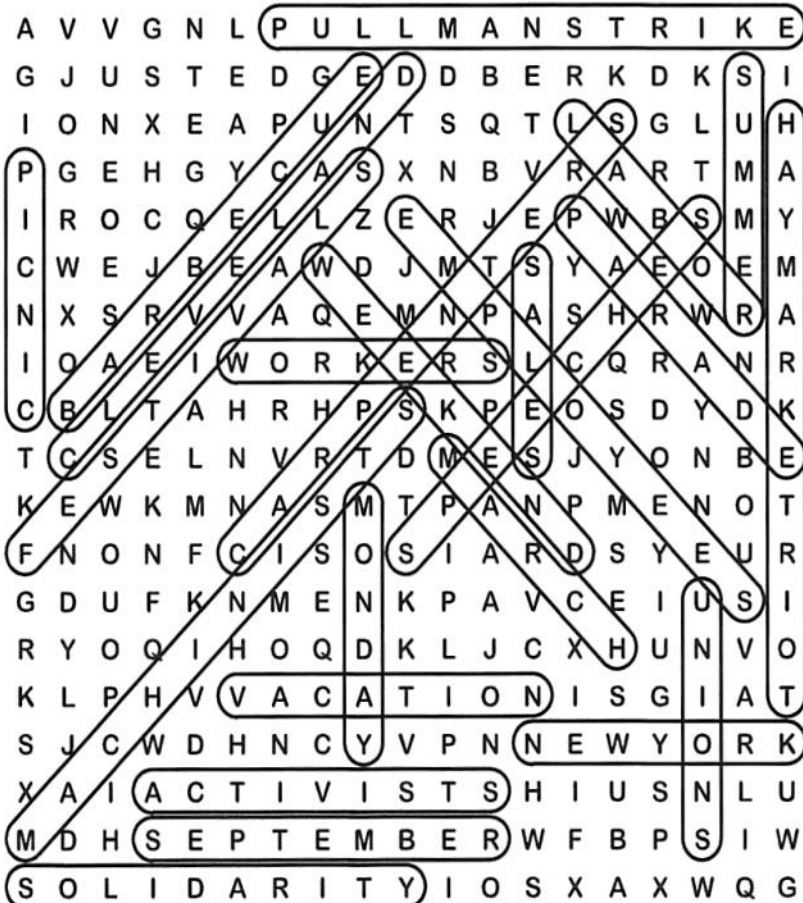
We all know that Medicare is the government sponsored health insurance plan for individuals 65 years of age and older, or on Social Security Disability for at least two years.

What many do not know is what Medicare does not cover, because there can be uncovered health expenses for those on Medicare. You must be aware that you still have co-payments, monthly premiums and coinsurance costs. To help with these costs, Seniors on traditional Medicare need to have supplemental coverage. This is known as Medsup, Medigap and Gap coverage. Additionally, with traditional Medicare, it is mandatory that you have a Medicare Part D plan. If you do not have one, you will pay a penalty to the government.

What are some of the costs not covered with traditional Medicare (Part A and Part B)? Part A is largely for hospital coverage, but also includes some nursing care and hospice costs. Part B covers physician appointments, labs and testing and medical equipment. Just some of the **uncovered** items include: dentures, hearing exams and aids, eye exams related to corrective lenses, non-skilled long-term care and custodial care. Custodial care (such as bathing, feeding and helping patients in and out of bed) is only covered while you also need skilled care. It is important to realize that even skilled care is only covered for a limited time. Medicare pays all costs for the first 20 days after a qualifying medical event, but there are coinsurance charges for days 21 to 100, and nothing after that.

Your best protection when it comes to health care costs is to be an informed consumer and to thoroughly evaluate what option is best and affordable for you. Having the right information can be invaluable in assisting you to make the right choice. In retirement years and with aging, health insurance coverage becomes more critical than ever before.

LABOR DAY SOLUTION



TRASH & RECYCLING

Over the Labor Day holiday weekend, trash pick-up will be delayed by one day. Pick up will be on Saturday, September 9th. Please mark your calendars!



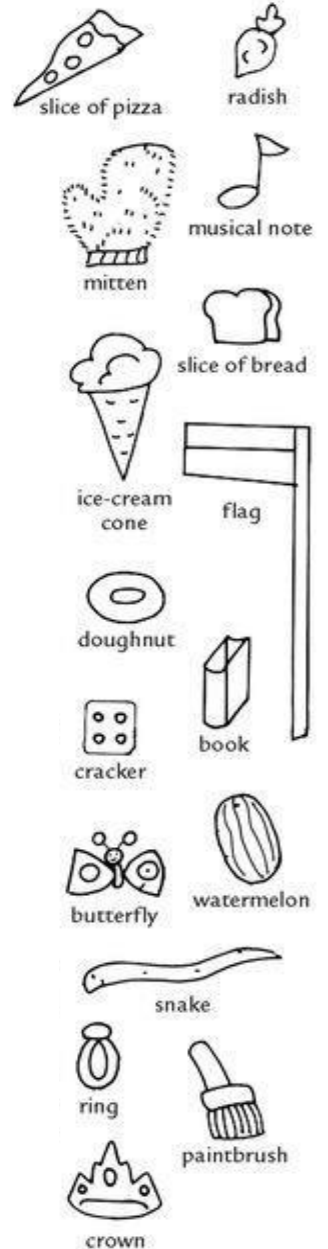
SEVEN HILLS RECREATION CENTER MEMBERSHIP

Brooklyn Heights will subsidize the cost for membership to the Seven Hills Rec Center for all residents. Seniors (65+), Veterans and Disabled residents will be subsidized 100%. Disabled status will require a note from your doctor turned in when you register. All other residents will receive a 50% subsidy. Members of SilverSneakers, Silver&Fit and Renew Active automatically receive a free membership by presenting their membership card at the desk.



You can sign up for memberships effective September 1st through the Community Services office. Previously purchased memberships will not be reimbursed. For more information, please call (216) 739-3702. Exact cash or checks, payable to the Village of Brooklyn Heights, will be accepted.

Hidden Picture Puzzle



THIRD TIME IS THE CHARM!

A grocery store opened early for senior citizens. A long , orderly line began to form. Suddenly a young man tried to cut in line and was subsequently beaten by an old woman with a cane and chased back to his car.

A few minutes later the young man tried again, only this time was punched in the stomach by an old man and he ran away.



The third time the young man walked up and yelled, "If you old people don't let me unlock the door, none of us are getting in!"

